

Snoezelen is not a fairy tale but an inspiring reality



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the 5 senses of

Snoezel coaching



The 5 senses of Snoezel-coaching

1. See
2. Hear
3. Feel
4. Smell
5. Taste



De 5 zintuigen van Snoezel-Coaching

Ilse Achterberg

The 5 senses of Snoezel-coaching

1. See



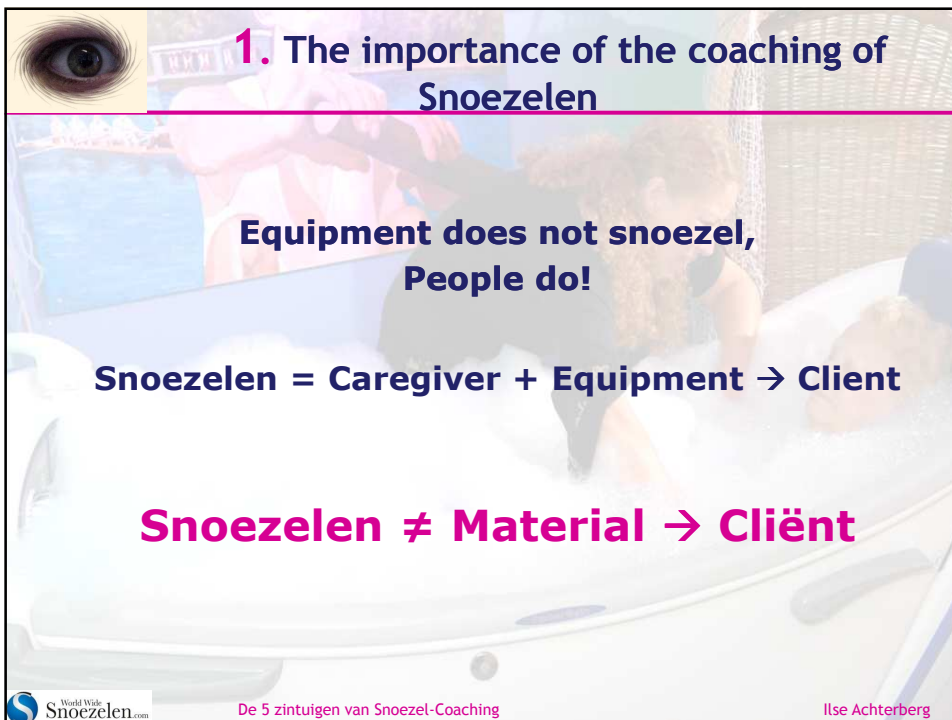
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**See the importance that
Snoezelen must be accompanied!**

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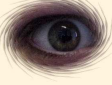
**1. The importance of the coaching of
Snoezelen**

**Equipment does not snoezel,
People do!**

Snoezelen = Caregiver + Equipment → Client

Snoezelen ≠ Material → Cliënt


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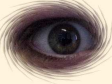


1. The importance of the coaching of Snoezelen

So,

- Snoezelen you must learn
- Snoezelen you have to do
- Snoezelen is a methodology
- Snoezelen is an approach
- Snoezelen is showing empathy
- Snoezelen is a skill
- Snoezelen is daring to be vulnerable
- Etc.etc.etc.


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1. The importance of the coaching of Snoezelen

So, without guidance,

- Snoezelen will never start
- There is done nothing
- Time will be always the excuse for not doing
- It will be not a priority and not a part of care/vision
- The Snoezelenroom becomes the broom closet
- No integration of snoezelen in daily care
- Snoezelen remains a fun activity of dept X

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The 5 senses of Snoezel-coaching

1..

2. Hearing



Hear the real concerns, and
resistors and frustrations
of your colleagues!

2. Hear the true obstacles

Ask anyone who is not very successful with snoezelen to the true reasons

2. Hear the true obstacles

Otherwise:

- **They always blame someone else**
- **They never have time**
- **The absenteeism is too high**
- **The manager is bad**
- **The Snoezelroom is too cold, too small, too large**
- **The client is overexcited or has difficult behaviour**
- **Other tasks will always be more important**
- **They never know what they can do with the materials and always want to follow a course**

2. Hear the true obstacles

For a coach so this means you:

- **Should be patient**
- **Dare to ask further**
- **Must dare to be honest**
- **Be critical and give constructive feedback**
- **Don't be afraid of resistance**
- **Be convincing and credible**
- **Be 100% motivated for Snoezelen**
- **Focus on what is possible instead of what is not possible**
- **Want to help others and give them space to learn**
- **Not take over, prescribe, etc.**



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1..

2..

3. Feel




Feel the power of Snoezelen for clients and use that in your team!

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3. Feel the power of Snoezelen

For all employees in the welfare state well-being of the client first, because all health care providers want to work with people like

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3. Feel the power of Snoezelen

So,

- Focus on the positive effects of snoezelen for clients
- Focus on the benefits instead of what it takes or costs
- Name the benefits and share them within the team
- Use these results for motivation and to strengthen the desire to snoezel
- If snoezelen improves the well-being of clients there is no reason for not doing snoezelen



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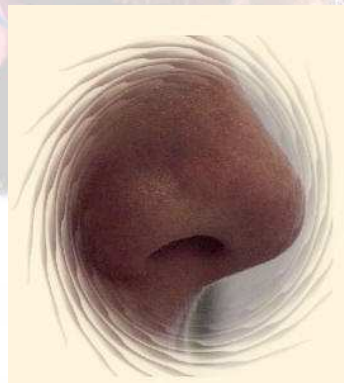
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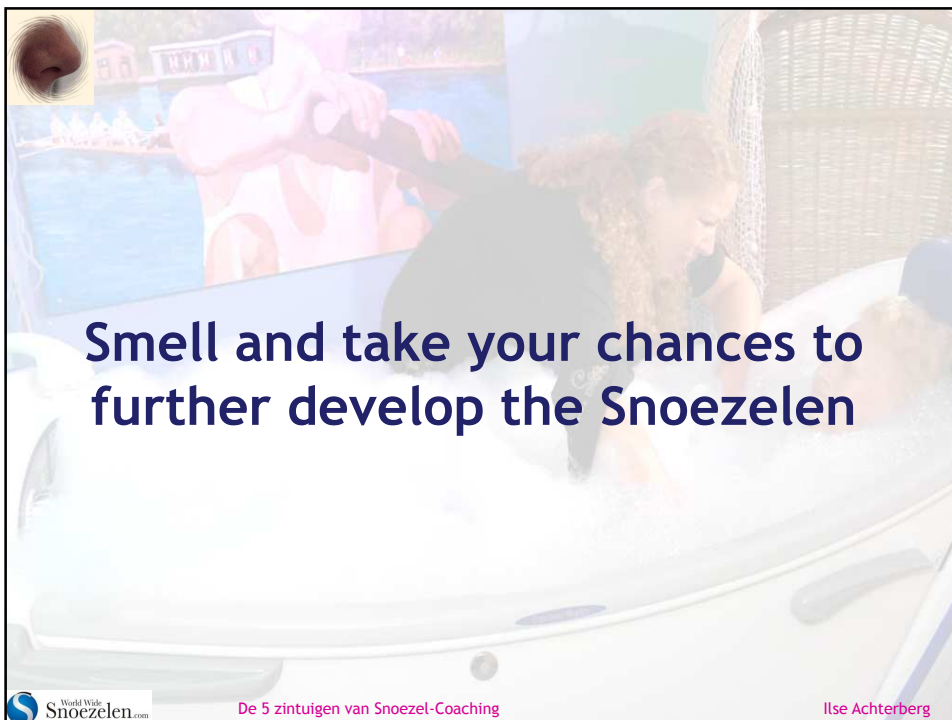
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3..


4. Smell

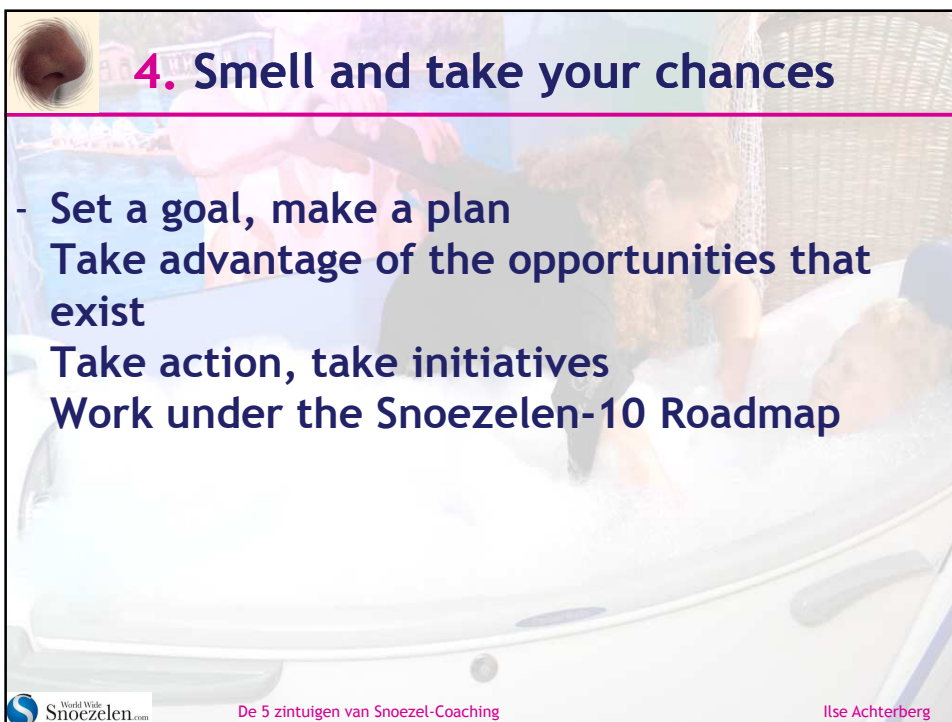
5..






Smell and take your chances to further develop the Snoezelen

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4. Smell and take your chances

- Set a goal, make a plan
- Take advantage of the opportunities that exist
- Take action, take initiatives
- Work under the Snoezelen-10 Roadmap

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4. Smell and take your chances

The Snoezelen-10-Step Plan:

1. Training / Info & Snoezelen effect materials
2. Deepening in the life history of Customer -
3. Set challenges and objectives for Customer
4. Observe and explain results
5. Create a Snoezelplan per Client inclusive approach, materials, space, frequency and HOW
6. Involve other disciplines now involved
7. Formulate multi-disciplinary approach
8. Integrate elements Snoezelen in daily care
9. Evaluate plan and approach in MDO
10. Adjust as necessary

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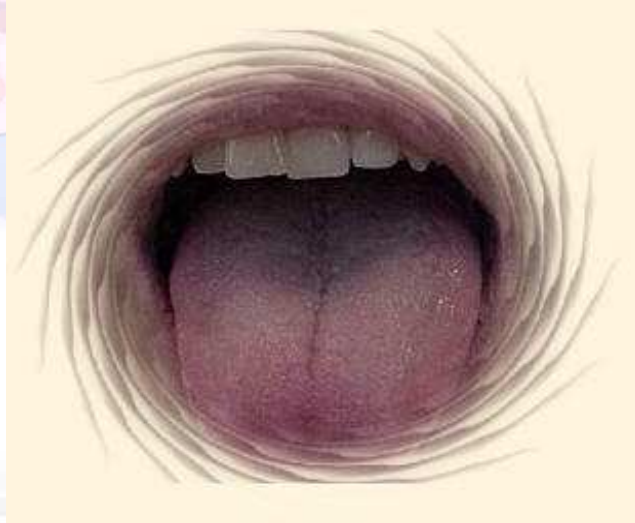
1..

2..

3..

4..

5. Taste





Taste the atmosphere and experience of the Snoezelen in your team!

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5. Taste the atmosphere

- Keep the team and your colleagues in the eye
- Ensure implementation of plans
- Keep coaching your colleagues
- Speak to people on their behavior
- Keep your eyes and ears open and keep a sense of the relationships in the team
- Provide assistance and support for 'difficult clients'
- Give information to new colleagues & Mngt
- Make sure that there will be continues support for Snoezelen
- Make someone responsible for the Snoezelen
- Keep developing Standstill = Deterioration

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