



NZACA Guidance for Rest Homes on Covid-19 Alert Level 1

Visitors

Visits should be managed to minimise the risks of infection, but visitation must be allowed at Level 1 unless exceptional risk factors are identified.

Exceptional risks include any Covid-19 symptoms or recent arrival from overseas.

Visiting Protocols

Ensure all visitors are aware of the need for ongoing infection prevention measures due to the vulnerable population in aged residential care.

There must be a register of visitors for the purposes of contact tracing. This should include a declaration that the visitor has no potentially infectious illness.

Visitors should not be allowed into a facility if they have any Covid-19 symptoms or a recent contact (in the last 2 weeks) with a person with Covid-19 symptoms.

Appointments or pre-arrangement may be required in order to ensure that everyone entering the facility is safe to do so and understands what is required of them to keep everyone safe.

Overseas Visitors

No visitor who arrives in New Zealand at Level 1 should visit a facility without providing evidence of a negative Covid-19 test.

Currently for overseas visitors, there must be 2 negative tests and 14-days quarantine.

NZACA recommends the additional precaution of a surgical mask for visitors who have come out of quarantine.

If there is any doubt, an additional 14-day period symptom free and/or use of PPE (a surgical mask) is recommended prior to allowing a visitor into a facility.

If a person's work involves overseas travel or close contact with people who have overseas travel NZACA recommends that they wear a surgical mask.

Rhonda Sherriff, NZACA Clinical Advisor, is available for members to seek clinical advice between 9.00am and 5.00pm Monday to Friday (excluding public holidays) on 0800 445 200 or helpline@nzaca.org.nz